

PARTICIPANT AGREEMENT FORM

We at Frontline Ministries/McLean Bible Church ("FL") are excited to have you participate in the Frontline Athletic event described on the attached Athletic Event Information Statement ("Activity"). FL seeks to provide a safe environment for all participants, and while we try to see that you and your guests experience a safe and fun athletic experience, we hope you understand, that no matter how careful our staff and volunteers are, accidents can occur. So, we want you to know in advance that participation in any athletic event is not risk free. We do not want to discourage you or reduce your enthusiasm to participate, but we do want you to know in advance what to expect, and to be informed of some of the possible risks that could result in loss or damage to property, injury, illness, or in extreme cases, permanent trauma. Therefore, we ask that you carefully read and sign this form before participating in the Activity. If you have questions, please contact _____.

Agreement to Participate and Acknowledgement of Risk

Due to the nature of athletic events, there are certain risks of which participants should be made aware. While participating in the Activity participants could be injured in any of the following ways, including but not limited too: falls resulting in twisted ankles, jammed fingers, broken bones, cuts, scrapes, bruises, splinters and other wounds, which may or may not require medical attention such as stitches or sutures, head injuries such as a concussion, and death. It is also possible, depending on the nature of the Activity, that some participants would suffer mental anguish or emotional trauma from the experience or from their injuries. This list is not an exclusive or exhaustive list of possible injuries, trauma or accidents that may occur while participating. While many of these injuries are rare, and we pray you will encounter none of them, they could occur and you need to be aware of them.

I state that I have read the above and the attached Athletic Event Information Statement, incorporated herein, regarding some of the possible risks of participating in the Activity, and in consideration of my being permitted to participate in the Activity, I voluntarily assume and accept all the risks and take full responsibility for myself (or my minor child) for bodily injury or fatality, and/or damage to and/or loss of personal property and any expenses incurred and/or suffered by me (a) while participating in the Activity, (b) while serving in a non-playing capacity during practice or play before or after the Activity with other participants or otherwise, (c) while participating in any independent activities I undertake as a participant in the Activity, and (d) in connection with any transportation to and from the Activity. I also understand that FL, its staff and/or volunteers reserve the right to refuse participation by any person believed to be incapable of meeting the rigors and requirements of participating in the Activity and/or those who do not follow instructions. I am in good physical condition and can undertake this Activity. I agree to follow all the instructions provided for the Activity, and I acknowledge that I am fully responsible for taking all precautions, including wearing appropriate clothing for the Activity and carrying appropriate medication.

Waiver, Release and Indemnification; Agreement to Mediation/Arbitration

I have read the above statements and I agree to indemnify and hold harmless FL, its agents, employees, representatives, and/or volunteers from all claims, demands, causes of action, damages, losses, injuries and expenses due to any cause sustained by me or property belonging to me, or for which I may be liable to any other person, arising out of or resulting from my practice and for participation in the Activity including, but not limited to, transportation to and from the Activity.

I further agree, on behalf of myself, my family, my executors, and/or my heirs, to release, acquit, and covenant not to sue FL, its agents, employees, representatives, and/or volunteers for all actions, causes of action, claims and/or damages in law and/or remedies in equity of whatever kind, due to any cause, except for the gross negligence or willful misconduct of FL staff, volunteers, or agents. If FL is forced to defend any action, lawsuit or litigation by myself, my family, my executors, and/or my heirs, I agree, on behalf of myself, my family, my heirs, and/or executors, to pay FL's costs and attorney fees if they successfully defend such an action, lawsuit or litigation.

I agree that any claim or dispute arising from or related to the Activity and/or this Agreement shall be settled by mediation and, if necessary, legally binding arbitration in accordance with the *Rules of Procedure For Christian Conciliation* of the Institute For Christian Conciliation. If such non-binding mediation does not successfully resolve the dispute, then the matter may be submitted to binding arbitration. In that case, judgment upon an arbitration award may be entered by any court having competent jurisdiction, in conformity with the laws of the Commonwealth of Virginia. The Parties expressly waive their respective right to file a lawsuit in any civil court against one another for such disputes, except to enforce an arbitration decision. The terms of this agreement shall continue and be in effect after the Activity has ended.

I have adequate health, disability, and life insurance for myself and my family. I give permission, on behalf of myself and my family, for treatment and transportation to any medical facility or hospital, should I require emergency medical treatment as a result of accident or illness arising during the Activity.

I, of my own free will, for myself, my family, my heirs and executors, have read, understand, and acknowledge the risks and liability associated with all aspects of and surrounding the Activity. No other representations, statements, or inducements, oral or written, apart from the foregoing Agreement have been made.

Participant Signature (minors must sign also) Date Participant's name (printed) Date of Birth

Address Street City, State, Zip Phone

As the Participant's parent/legal guardian of a minor, I have read the foregoing Agreement, and agree to be bound by its terms.

Parent/Guardian Signature Date Parent/Guardian name (printed)

**2012 ATHLETIC EVENT INFORMATION STATEMENT
FOR FRONTLINE ATHLETICS MINISTRY/MCLEAN BIBLE CHURCH**

ACTIVITIES: Backpacking, Basketball, Bowling, Football, Hiking, Hockey, Ice Skating, Mountain and Road Biking, Parkour, Rock Climbing, Roller Blading, Skiing, Snowboarding, SnowTubing, Soccer, Softball, Speedball, Tennis, Trail and Road Running, Ultimate Frisbee, Volleyball, Wallyball, Weightlifting, White Water Rafting

With regard to the above Activities, I am aware that the dangers, hazards, and risks of such Activity, could include, but are not limited to:

- **Ball Sports and Frisbee: pitching, throwing, fielding and catching the ball, the swinging of the bat, running, jumping, stretching, sliding, diving and collisions with other players or stationary objects, all of which can cause serious injury, including but not limited to, sprains, fractures, dislocations, bruises, cuts, scrapes, broken bones, choking, damage to the head, internal organs, and all parts of the body, neck and spinal injuries, or death to me and to other players.**
- **Biking: Knee, back, neck injury due to misuse/overuse/strain, falls (resulting in possible severe cuts, burns ("road rash"), or broken bones), eye injury, heat stroke, dehydration, frost bite, sun burn, head trauma.**
- **Hiking, Backpacking and Rafting: falls, muscle strains, contusions, abrasions, concussion, broken bones, sprains, twisted ankles, blisters, loss of senses, burns, contact with other participants, drowning.**
- **Roller Sports: falling onto a hard surface, contact with high velocity balls/pucks and uncontrolled sticks, collisions with other players or stationary objects, all of which can cause serious injury, including but not limited to, sprains, fractures, dislocations, bruises, cuts, scrapes, broken bones, choking, damage to the head, internal organs, and all parts of the body, neck and spinal injuries, or death to me and to other players.**
- **Weightlifting and Parkour: Sore muscles, pulled muscles, neck and spinal injury, muscle tear, dislocation, back pain, disc problems, nerve problems, and death.**
- **Winter Sports (e.g. skiing, snowboarding, ice skating): falls, muscle strains, contusions, abrasions, concussion, broken bones, sprains, twisted ankles, collisions with other participants.**
- **Racquet Sports: swinging of the racquet, running, jumping, and collisions with other players or stationary objects, all of which can cause serious injury, including but not limited to, sprains, fractures, dislocations, bruises, cuts, scrapes, broken bones, choking, damage to the head, internal organs, and all parts of the body, neck and spinal injuries, or death to me and to other players.**
- **Rock Climbing: falls, muscle strains, contusions, abrasions, concussion, broken bones, sprains, twisted ankles, blisters.**
- **Running: falls, muscle strains, contusions, abrasions, concussion, broken bones, sprains, twisted ankles, blisters.**
- **Effects of weather (high heat/humidity or freezing)**
- **Exposure to insects, animals, bites**
- **Injuries from automobile accidents (e.g. incurred during transport to and from events)**

I fully understand and appreciate these and other dangers, hazards, and risks are inherent to the above Activities.

Participant Signature: _____

Participant Name Printed: _____

Emergency Contact information: _____

Home & Cell Telephone(s): _____

Please turn over and complete other side